

Wow! I fell pregnant immediately

After falling pregnant easily with my son at age 27, it was a shock to my husband and myself that we had difficulty conceiving our second. The years passed us by, and medical investigations revealed nothing, doctors just labelled us with "unexplained secondary infertility", and "You have a hormone imbalance", but offered not much else that was practical in the way of assistance. We were devastated. How could it be so easy the first time and seemingly impossible second time around?

And so my quest began. I read everything I could get my hands on, tried every lotion and potion and pill I could find, some from medical doctors, some from natural practitioners, and made lots of dietary and lifestyle changes. As my friends and family all fell pregnant around me with ease, I began to think of myself as more deserving than some of them, and became sad, bitter, angry, judgmental and resentful.

Just last year we tried some fertility treatment over 4 months, which was invasive but unsuccessful, and then considered doing IVF this year. I feared all the injections and pills and medical cocktails it required I put into my body, not to mention the emotional and financial toll. We decided against it. By this time my moods were really getting me down, and I was not the easiest person in the world to live with.

Finally I was led to Colin and Wendy at the Optimal Wellness clinic. When I went in for my first session of EFT, I was just miserable, upset, angry and sick of my own attitude. Colin talked to me and helped put some things into perspective; Wendy gave me some good sound health advice. Colin used the EFT on me, and I started to feel better by the end of the visit. It was great!

Over the next week my attitude seemed completely transformed. No longer did my fertility issues upset me. I notice that other unrelated dramas just did not phase me the way they once would have. I did just one more session with Colin and he remarked that I seemed a lot happier. I was. I felt I had less baggage and was so much more lighthearted than I had in years. And if life did not grant me the wish of another baby, I knew I could deal with it with a bare minimum of sadness, and get on with a happy life with my family.

I enrolled in one of Colin's EFT courses so that I could easily continue the technique for myself and gain a better understanding of it. It has since helped me in so many ways. Colin and Wendy also recommended to me the Neways Oral Chelation program including using Feroxin and Endau. I continued this particular course of vitamins for close to 4 months. This was to give my body a really deep cleanse/detox, deemed necessary as I had spent 5 years living in an area of heavy agriculture and mining.

Many friends there also suffered from secondary infertility and miscarriages and there was a remarkable amount of children with allergies. My own theory is that these problems were linked with the pesticides sprayed in the area. I also removed Soy products from my diet, which I had been on for 18 years, due to a dairy intolerance. I had increased my intake of this four years previously when I came across a larger and even more delicious range of soy products, such as soy cheese, soy cream cheese, soy cream, tofu ice cream.

It was also around four years ago that my body began displaying some alarming differences in my monthly cycle, my moods and fibrocystic breast lumps, and I believe infertility. I had no idea that all

of this may have been connected to excess intake of soy, making me estrogen dominant, until I read an article at The Optimal Wellness Clinic. I could tick off most of the symptoms for Estrogen dominance in the article and so I knew the Oral Chelation might help me get rid of some of the nasty things still built up in my body. I also removed many items dangerous to my health from my household and beauty routine.

I finished the Oral Chelation program in late November, and found that the fibrocystic lumps in my breasts seemed to be smaller. In January we began trying for a baby once again, and Wow! I fell pregnant immediately. After four long years I am going to have a baby. It's amazing and we are overjoyed.

I am now over 19 weeks pregnant and feel safe in the knowledge that because I did the Oral Chelation before I fell pregnant, my baby gets to start life with a clean slate. My body no longer has any toxic build up of pesticide residue, or soy, or anything bad to pass on to my child. I really feel the Oral Chelation and EFT was a great help to my body and mind in preparation for my long awaited pregnancy. Thanks so much to Colin and Wendy for all your valuable help, we are eternally grateful.

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