

Testimonial

I had severe sciatic pain which began in 2003, it got so bad I couldn't walk. I had surgery in 2004 with a disc removed, after this I was able to walk but with a lot of pain.

So I needed to take many pills due to the constant back, neck and leg pain. I felt miserable and thought that was what it would be like for the rest of my life.

I was very reliant on my husband and family to help with many things around the house.

Since coming to Wendy I have a far greater understanding. In my first meeting with Wendy she did EFT (Emotional Freedom Technique) which worked beautifully and brought my pain down from a 10/10 to 5/10 (10 being the worst).

At my next visit she used massage and EFT together and they worked beautifully together.

Each visit with Wendy my back gets better and I now know I'm going to get better.

[Judy Bartlett \(Townsville – June 2009\)](#)