

EFT Daily

I have been seeing Wendy for some time now. Through her I have learnt EFT which I use on myself daily, to have really good days. I have found EFT very powerful in helping me to get my mind in balance, to think straight. It relaxes me incredibly and helps me let go of anxiety and anger.

Seeing Wendy in clinic also helps me stay on track for what I want to achieve. I cannot believe the power it gives my mind to see the right direction to follow. Thank you.

D. H. (Townsville)